

## **OCTOBER 2023**

Nashua North High School

Assorted Sandwiches, Pre -Made Salads also Available Daily Parfaits & Smoothies available Tuesday-Fridays

## Monday Tuesday Wednesday **Thursday** Friday Gills Pizza Spicy Chicken Patty Pizza Crunchers Chicken & Cheese Crispy Chicken Tenders **Assorted Toppings** On W/G Bun w/Marinara Sauce Quesadilla Dinner Roll Garden Salad Seasoned Green Beans Garden Salad Garden Salad/Seasoned Cowboy Salad/Salsa Fresh Veggies w/Dip Assorted Veggies/Fruits Fresh Carrots w/Dip Seasoned Carrots Broccoli/Baked Tots Fresh and Cupped Fruit Fruit Strawberry Cups Fruit No School Crispy Chicken Patty 19 Gills Pizza **Chicken Nuggets** Hot Dog w/Baked Beans On Bun/ Indigenous People Day **Assorted Toppings** Dinner Roll/Garden Salad Steamed Carrots/ Garden Salad Seasoned Broccoli **Assorted Sandwiches** Fresh Veggies w/Dip School Lunch Week! Veggies w/Dip/Baked Tots Fresh Carrots w/Dip Veggies/Fruit Baked Fries/Fruit Fruit Fruit Gills Pizza 16 Spicy Chicken Tenders Orange Chicken **Grill Cheese** Early Release w/Veggie Dumplings **Assorted Toppings** Dinner Roll **Cup of Tomato Soup** Grab and Go Lunch Garden Salad Celery & Carrot Sticks w/Dip Sweet Chili Sauce/Season Or Assorted Sandwiches **Broccoli/Pineapple Tidbits** Pizza or Fresh Carrots w/Dip Salads/Veggies/Fruit **Seasoned Carrots Pre-Made Sandwiches** Fruit Snacks/Fortune Cookie Fruit Baked Tots, Fruit 23 Breakfast for Lunch 25 Gills Pizza BBQ Rib on Bun Cook's Choice **Assorted Toppings** Baked Beans, Homemade French Toast Sticks Cheese or Plain Hamburger Assorted Sandwiches Cole Slaw, Baked Fries Garden Salad/Pasta Salad Garden Salad Sausage Patty Salads/Veggies/Fruit Fresh Fruit **Baked Tots** Fresh Carrots w/Dip Baked Fries/Fruit Fresh Fruit Fruit Gills Pizza 30 Crispy Chicken Tenders **Assorted Toppings** Dinner Roll Garden Salad Garden Salad/Seasoned Broccoli/Baked Tots Fresh Carrots w/Dip Fruit Fruit

School Lunch Week October 9<sup>th</sup>-October 13<sup>th</sup>
Menu Subject to Change

